

# Therapeutic Services at School

## Script for Initial Parent/Guardian Conversation

### Greeting & Purpose

"Hello [Parent/Guardian's name], this is [Your Name] from [School/Program Name]. I wanted to touch base with you about some services we may be able to offer your child at school."

### Purpose

"As part of our commitment to student well-being, we are making mental health/therapeutic services available here at school during the school day. These services are designed to help students build coping skills, manage stress, and support their overall success at school and at home."

### Insurance/Medicaid Inquiry

"To help us determine if your child is eligible for certain supports, could you let me know if your child has health insurance? Does your child have Medicaid? This information just helps us see what resources we can connect your family with." "If you have medicaid I will be sharing an informative document about next steps."

"If your insurance doesn't cover services, or if paying is a concern, financial help is available. Right now, grant funding helps cover costs for some families. As our network grows, support will still be available for services children need. No family will ever be turned away because of cost. Please let us know if your insurance changes, since that may affect financial help."

### Reassurance

"I want to reassure you that anything you share is kept confidential. It's only used to determine eligibility for services and will not affect your child's enrollment or standing at school."

### Consent/Release of Information

"These services are optional. If you're interested, we'll provide a Release of Information form for you to complete."

### Closing

"Thank you for sharing this information—it helps us connect families with the right support."

"Do you have any questions or concerns I can answer right now? If you'd like, I can send you the Release of Information form today so you can look it over."