

Supporting Student Well-Being Together



Working Together for Students

Your school district partners with **Educational Service Unit 2** (ESU 2) to provide therapeutic services for students **right at school**. This partnership makes sure students receive the support they need to be successful both academically and emotionally.

What Are Therapeutic Services?

Therapeutic services provide students with tools and strategies to manage skills like:

- Stress & anxiety
- Emotional challenges
- Social relationships
- Focus & self-regulation
- Life transitions at school or home



How Do Students Benefit?

Improved Learning – Emotional support helps students focus in class

Stronger Relationships – Builds positive connections with peers & teachers

Coping Skills – Students learn healthy ways to manage challenges

Confidence – Boosts self-esteem & resilience

No Family Turned Away

If your insurance doesn't cover services, or if paying is a concern, financial help is available. Right now, grant funding helps cover costs for some families. As our network grows, support will still be available for services children need. No family will ever be turned away because of cost. Please let us know if your insurance changes, since that may affect financial help.



How Services Are Provided



- Sessions take place during the regular school day
- Licensed professionals provide individualized & confidential support
- School staff and ESU 2 work together to meet student needs