



The Early Development Network (EDN) provides free services and supports designed to meet the needs of families and children ages birth to three.

Our belief is that parents know what is best for their families. EDN services are designed to act on what families think is important for their child and family.

The program is designed to help families understand development of their child and provide assistance in meeting developmental milestones.

DEVELOPMENTAL MILESTONES

3 months

- Lifts head & chest when on stomach
- Follows a moving object/person with eyes
- Grasps a rattle/finger
- Wiggles/kicks legs
- Smiles at others
- Watches faces
- Makes cooing/babbling sounds
- Cries for different meanings

6 months

- Holds head up & looks around
- Recognizes familiar faces
- Smiles & laughs in response to others
- Coo & makes a variety of sounds
- Pushes up on hands and knees
- Rolls from back to stomach
- Rolls from stomach to back
- Enjoys being held & cuddled
- Looks for & turns head toward sounds

9 months

- Sits up without much help
- Begins to pull self up
- Stands with help
- Crawls/scoots forward
- Picks up using thumb & finger together
- Recognizes & looks for familiar people
- Babbles as if talking
- Imitates & make sounds (Mama, Dada)
- Dumps toys/things out
- Looks for things out of sight

12 months

- Stands alone holding onto furniture
- Cruises around furniture
- Takes first steps
- Says a few meaningful words
- Points to a few objects when asked
- Moves to music
- Responds to name
- Wants to be in the same room as caregivers
- Shows fear/anxiety of strangers

18 months

- Walks without help
- Climbs up and down on things
- Stands up & sits down without holding on
- Pushes, pulls, & takes things apart
- Gets upset if things do not go as wanted
- Understands simple one-step directions
- Uses more meaningful single words
- Uses gestures & words together
- Clings to caretakers in new situations

2 years

- Walks, runs, & climbs without help
- Goes up & down stairs without holding on
- Uses the word no (often)
- Has temper outbursts when mad/tired/upset
- Puts two & three words together
- Sings songs/says rhymes
- Feeds self & drinks from a cup with a lid
- Resists sharing toys with other kids

3 years

- Jumps up & down
- Begins to pedal a riding toy
- Throws a big ball & catches it
- Sorts objects that match
- Plays with others
- Sometimes shares toys
- Talks in short sentences
- Names feelings
- Asks what & why questions

Source: DHHS/NDE

If you have questions or concerns regarding a child's development, please contact our local Fremont EDN office:
(402)-727-4130
url.esu2.org/EDN

Remember, all children develop at their own pace. This information should be used as a guide to support conversations about an individual child's development, and not to determine a child's need for additional support.

