

## **Disaster Response Grant Advisory Board Meeting**

May 12, 2020

### ***Present:***

#### **School District Representatives**

- Joel Kerkman, Director of Special Education at Fremont Public Schools
- Dr. Dan Endorf, Superintendent at North Bend Central Public Schools
- Amy Ferguson, Elementary Teacher at North Bend Central Public Schools (Counselor as well)
- Aubrey Miller, Middle School Teacher at North Bend Central Public Schools (Math)
- Ross Lafleur, High School Teacher at North Bend Central Public Schools (Language Arts 7ths, Sophomore and Seniors))
- Brian Gralheer, Assistant Principal/Athletic Director at Raymond Central Public Schools

#### **Professional Partner Representatives**

- Deb Anderson, Deputy Director at Project Harmony (School Based Mental Program Connections started 5 years)
- Katlynn Osborn, Director of Fremont Services at Capstone Behavioral Health
- Alissa Zoucha, Children's Clinical Supervisor at Lutheran Family Services (Fremont, Lincoln, Omaha, Council Bluffs)
- Dr. David Schonfeld, Director of the National Center for School Crisis and Bereavement at Children's Hospital Los Angeles (Developmental Pediatrician, will be helping develop the Crisis Team)

#### **ESU 2 Representatives**

- Diane Wolfe, Director of Special Projects
- Jodie Sams, Project Director of Disaster Response Grant
- Tiara Masek, Director of Mental Health Professional Partners Grant as of July 1, 2020
- Krista Horton, Community Navigator
- Megan Reese, Community Navigator

#### **Overview of Grant:**

- SAMSHA \$ 1 million grant: 2019 Flood Disaster Grant. Natural Disaster County Areas could apply. This grant has a short duration to expend funds (18 months)

- Disaster Crisis Team development new perspective. More outside of the physical safety and looking at Mental Health, Trauma affected families. Want to build the understanding of what Trauma is.
- Partners: Project Harmony strong emphasis in Trauma
- LFS and Capstone: relationships with schools and ESU already for mental health therapy
- Barriers Identified for training: Time availability of staff

## Tier 1

- Attend trainings during non-contract time. Paid (\$125/day/training). Occurs during the summer or Saturdays
- Crisis Team Training (up to 10 people/district): would lead to protocols on what it would look like for future for events.

**Dr. Schonfeld:** Contracted 10 days to work with districts to develop crisis planning. Will most likely be virtual at this time.

What direction would you like to lead the training?

- To still move towards normal direction or focus on what COVID-19?
- Strategies that can be used in all disasters.
- Focus not only on crisis/disasters but loss as well?
  - Information on health crisis as well?
  - Crisis and loss through a pandemic
- Led through current response and future events
- Live exercise through this current event and how it can help with future events
- Crisis is not just trauma.
- In Depth Trainings focused on crisis team functioning
- Can tape himself discussing pandemic and loss
  - Anyone can participate
  - Larger Scale

**District Comments:** RC-being able to offer trainings that the staff can see a fit now and how it relates to them during current situation is a good idea, Fremont-more immediate attention if you talk about COVID-19, NBC- staff become more a part of the training as they are currently immersed in a current crisis.

**Professional partners:** Project Harmony: makes sense to talk about COVID-19 and having a good model will address current and future situations, LFS/Capstone: did not disagree with a shift to include current pandemic in the crisis team training

**Mental Health First Aid:** Katlynn Osborn (7 Year Mental Health First Aid instructor)

- Youth Mental Health First Aid: Adults who interact with youth. Looks at normal adolescence development and what signs/symptoms/behaviors red flags look like.
- 8-hour class can be shortened to 6 hours if cut breaks and look at working lunches
- Max 30-40 people
- MAY BE an option to look at doing virtual as they are in the process of creating one HOWEVER Katlynn recommends doing it in person as it allows for a better experience.

**Trauma-Informed Care:** 400 people. Max 30-35 people/training offered more than once

- 3-day Model
  - Day 1: what does trauma look like in the classroom and how trauma effects the brain
    - ADHD misdiagnosis
  - Day 2: looks at and practices strategies in the classroom
  - Day 3: Self Care and what secondary trauma looks like
- Look at a different deliverable if we can't do in person training.
  - Zoom, Recorded, Cut the time in half of training

**Tier 2:** *are currently not doing any CBITS/Bounce Back groups . Observations are not required to be certified CBITS/Bounce Back or SSET*

- **CBITS:** Cognitive Behavioral Intervention for Trauma in Schools 5<sup>th</sup> through 12<sup>th</sup> grade. Allows for group work and one on one. *LMHP Certification Required.*
- **Bounce Back:** lower elementary version of CBITS. Allows for group work and one on one. *LMHP Certification Required.*
- **SSET:** Support for Students Exposed to Trauma: based on CBITS/Bounce Back. More around teaching coping skills/relaxation. *Does not require certification.*

**Tier 3:**

- Capstone, LFS therapy session: Last dollar monies: pay copays, deductibles, transportation (get families to therapy or therapist to family)
- Would not be considered long term therapy sessions as the grant is only 18 months.
- Develop a strong protocol on knowing who to refer to therapy sessions.
- Students could be a part of the Tier 1/2 groups and individual therapy sessions in Tier 3.

**Deliverables:**

- Grant end of year October 2021.
- Crisis team training needs to be completed by April 30<sup>th</sup>, 2021
- Could start referring for Tier 3 therapy sessions in 2<sup>nd</sup> month of Grant.
- Navigators are in the process of creating a Community Resource Website

- Advisory Group: is to keep moving parts with the grant going and ensure the grant is on the right path.
- Dr. Schonfeld: has a lot of things developed for other states and can adapt trainings to focus on how it will look for rural districts.

**Districts Comments:**

- NBC: be prepared for return of students and how to prepare this summer.
- Fremont: have a reactive crisis team and want to be proactive for return of the students.
- Raymond: Agrees to be prepared for the return of student

**Prior to next Meeting:**

- Jodie to meet with Dr. Schonfeld, Deb Anderson, Capstone and LFS prior to the next meeting to develop outlines/recommendations on what training could look like and develop questions for districts.
- Jodie will also be reaching out to district administration to see what plans are looking like.
- Districts should start developing who will be a part of their Crisis Teams.
- Jodie will be reaching out with meeting dates for the next few months.