

# STATE BENEFIT INFORMATION



## ECONOMIC ASSISTANCE PROGRAM INFORMATION

### FOOD AND ENERGY ASSISTANCE PROGRAMS

**Supplemental Nutrition Assistance Program:** helps low-income households buy food. Formerly known as Food Stamps.

SNAP

**Low Income Home Energy Assistance Program:** helps households pay for heating, cooling, deposits, repairs and eligible crisis/ disconnect situations. If applying for LIHEAP, everyone who lives at your address is required to apply.

LIHEAP

### FAMILY AND CHILDREN PROGRAMS

**Aid to Dependent Children provides financial assistance (or cash payment):** to help support children 18 and younger who live in the household. Participation in Employment First, a work readiness program, may be required.

ADC

**Child Care Subsidy:** helps pay for child care services.

CC

**Emergency Assistance:** provides financial assistance or other services to households with children that lack food, shelter and/or medical care due to an emergency situation.

EA

### MEDICAID PROGRAM INFORMATION:

#### MEDICAID AND LONG-TERM CARE (MLTC)

**Medicaid:** provides health care services to low-income families, seniors, and individuals with disabilities.

MLTC

### HOW TO APPLY:

**Economic Assistance**

Toll Free: (800)383-4278

**Medicaid**

Toll Free: (855)632-7633

**Website**

[www.accessnebraska.ne.gov](http://www.accessnebraska.ne.gov)

### UNEMPLOYMENT INFORMATION:

- Apply online: [www.networks.nebraska.gov](http://www.networks.nebraska.gov) or download the NEworks app on Google Play or Apple Store
  - To file an unemployment insurance claim, make that selection during Registration for an Individual account or under Unemployment Services if you have an existing account.
- In response to COVID-19, from March 22 through May 2, NDOL will waive the requirement to search for work, as well as the requirement to serve an unpaid waiting week once eligibility is determined.
- Any questions should be emailed to [ndol.nichelp@nebraska.gov](mailto:ndol.nichelp@nebraska.gov). or you can talk with someone via live chat on the website.
- Step by Step instructions with pictures and videos can be found here: <https://www.dol.nebraska.gov/UIBenefits/Resources/FAQ>